

## Public Transport

Buses and trams stop outside the hospital. Tram Line No. 86 and Bus Stop No. 68.

## Visiting Hours

Family and friends are welcome to visit at the following times:

### East Ward

Weekdays: 4.30pm to 8.00pm

Weekends: 2.30pm to 8.00pm

### Maternity Ward

3.00pm to 5.00pm and 7.00 to 8.00pm

Please note: The Maternity Unit is closed for rest period between 12.00pm and 2.00pm

### Mother Baby Unit

3.00pm to 8.00pm

Please note: The Mother Baby Unit is closed between 1.00pm and 3.00pm

### Surgical Unit

Weekdays and weekends: 2.00pm to 8.00pm

### West Ward

Weekdays and weekends: 2.00pm to 8.00pm

Visiting outside of these hours requires permission from the Nurse Unit Manager of the ward you are visiting. Please contact the unit directly to obtain permission.

## Northpark Private Hospital car park charges:

0 to 30 minutes - No Charge

30 minutes to 1 hour - \$6.00

Between 1 and 2 hours - \$8.00

Between 2 and 3 hours - \$12.00

Between 3 and 4 Hours - \$16.00

Between 4 and 8 hours - \$20.00

Between 8 and 24 hours - \$30.00

Lost Ticket - \$30.00 per day

\*All prices include GST

Mastercard and Visa credit cards are accepted on entry and exit at the gates or at the pay station.

Veterans' Affairs patients have designated parking available close to the front entrance.

No responsibility will be accepted for cars stolen or damaged in the public car park. Please ensure no valuables are left inside the car.



**Northpark**  
PRIVATE HOSPITAL

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[www.northparkprivatehospital.com.au](http://www.northparkprivatehospital.com.au)

A Healthscope hospital.



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**Northpark**  
PRIVATE HOSPITAL

# Surgical patient information



## About us

Northpark Private Hospital is a 137 bed hospital. At Northpark we offer modern technology and a wide range of specialised services including:

- Acute surgical
- Medical ward
- Maternity
- Mother/Baby unit
- Psychiatric services
- Day surgery unit
- Five Operating Theatres
- Pre-admission and Discharge Planning services
- Pathology
- Radiology
- Physiotherapy
- On-site Consulting Suites

## Day/Multi - day surgery

Once your operation is confirmed by your surgeon, a member of staff from Northpark Private Hospital will contact you prior to your admission day to inform you of your time of arrival, fasting details and other relevant information. Please do not hesitate to ask any questions you may have.

On arrival at Northpark Private Hospital please report to the main reception where you will be directed to your relevant unit. A nurse will complete a medical assessment, answer any questions and prepare you for surgery.

Both your surgeon and the anaesthetist will see you prior to your surgery, either on your unit or in the theatre holding bay, they will be able to address any questions or concerns you may have.

## Day surgery

The length of your stay depends on the type of surgery, type of anaesthetic and your recovery. This can vary from one hour to several hours. You will be provided with a light meal and drink once fully awake. We recommend you wear comfortable loose clothing on the day of surgery.

## Multi-day surgery

The length of your stay depends on the type of surgery, type of anaesthetic and your recovery. This can vary from overnight stay to multi-day stay.

Your time of arrival is not your time of surgery. Delays do occur, of which we have no control. We encourage you to bring reading matter or a hobby to pass the time.

Prior to leaving our facility you will be given written and verbal aftercare instructions specifically related to your type of surgery.

It is essential that you arrange for a responsible relative or friend to collect you, take you home and stay with you overnight. Surgical staff will contact your carer to notify them of your discharge time from hospital.

A satisfaction form is available for your feed back on any of our services provided to you during your hospital stay.

For the next 24 hours a small amount of anaesthetic may continue to circulate in your body, therefore during this period you should not:

- Drive a vehicle
- Operate machinery
- Drink alcohol
- Sign any important legal documents
- Take sedatives unless prescribed

Following your procedure our staff will contact you by phone within 48 hours to follow up on your recovery. However if you experience any problems following discharge please call either your surgeon or Northpark Private Hospital on (03) 9468 0100

## Essential information prior to surgery

To enable us to provide you with a safe, efficient service there are some things you need to do and some you must avoid.

- Completed patient admission paperwork is to be returned to Northpark Private Hospital as soon as possible. Alternately patients can complete the on line admission form (eAdmission). All paperwork should be submitted no later than 72 hours prior to admission.
- Please bring any medications you are taking or a detailed list.
- Bring any papers or forms given to you by your surgeon, including any doctor referral letters.
- Bring all relevant x-rays.
- Ensure you have your spectacles or hearing aids with you.
- Please leave any valuables and jewellery at home (We are not responsible for lost or stolen items).
- It is important to arrive punctually for your appointment to allow time for preparation. If you think you will be late, please telephone the hospital.

